



Located 1/2 mile south of Stones Crossing Road on SR 135



3154 South SR 135  
Greenwood, IN 46143  
(317) 535-3344

[www.AspenTrace.us](http://www.AspenTrace.us)

ASP-BR-1216



## A True Sense of Community

For senior living with the security of on-site care, Aspen Trace provides a lifestyle that will inspire you. From the moment you walk through the doors, you'll feel the warmth of family and home – friendly faces, inviting spaces and familiar comforts.

Aspen Trace offers the perfect combination of home-like casual elegance and convenient access to area amenities – entertainment, shopping, restaurants and more. With Stones Crossing Health Pavilion nearby, as well as other physicians' offices and specialized medical services, our location is the perfect complement to our progressive approach to senior living and care.

Serving Greenwood, Bargersville, Center Grove and the surrounding area, our family-first philosophy inspires the exceptional living options and compassionate healthcare services we offer. At Aspen Trace, our goal is to exceed the expectations of our residents and their families.

Putting family first in all that we do:

Assisted Living

Rehabilitation

Long-term Care

Memory Support

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## Assisted Living

Starting with a personalized care plan, we'll provide just the right amount of assistance, right when you need it.

### Assisted Living Services and Amenities Include:

- Month-to-month apartment rental
- Three delicious restaurant-style meals served daily
- All utilities (including phone and cable television)
- Free WiFi in every apartment
- 24-hour emergency call service including pendants and 2-way voice communication
- Weekly housekeeping
- Weekly flat linen service
- Washer and dryer in every apartment
- Social, cultural, and educational programs and activities
- Scheduled transportation for outings and medical appointments
- Licensed nurse on-site 24 hours a day
- Individualized care assessment and development of personalized service plan
- Apartment maintenance

## Memory Support

Those facing memory loss challenges are able to enjoy life more at Aspen Trace. Individuality is celebrated with 24-hour support, encouraging a better quality of life each day.

### Memory Support Services and Amenities Include:

- Private suites with full bathroom and shower
- 24-hour care provided by licensed staff members trained specifically in working with individuals with memory loss
- Three family-style meals served daily, plus snacks
- Medication administration and management
- Secured outdoor courtyard
- Innovative Nurse Call System
- Daily scheduled activities
- Housekeeping and personal laundry service
- Assistance with insurance matters
- Medicare, Medicaid, and most insurances accepted

## Short-term Rehabilitation & Skilled Nursing

Enabling residents to reach an optimal level of functioning is the goal of our short-term rehabilitation program. When long-term care is needed, our skilled nursing services continue to focus on meeting each resident's individual needs.

### Rehabilitation services include:

- Private suites
- Individualized care assessment and personalized care plan
- Physical, speech, occupational and respiratory therapies
- Large therapy gym
- Complimentary WiFi
- Three delicious restaurant-style meals served daily
- Beauty salon and barbershop
- Ongoing advice and counsel for resident and family
- Home transition area
- Innovative Nurse Call System
- Daily planned activities and programs
- Medicare, Medicaid, and most insurances accepted

## Family-first Senior Living

Family-first is our philosophy at Aspen Trace, an approach that goes back to 1977, when CarDon & Associates was first established. As a member of the CarDon family of senior living communities, which now extends throughout south-central Indiana, Aspen Trace encourages family members to become involved with each resident's personal care plan.

Throughout every level of care we offer — assisted living, rehabilitation, long-term care and memory support — we ensure a better quality of life each day for our residents, by treating them as we would our own loved ones. So regardless of needs, every individual is able to get the most out of each day.



The CarDon family:  
Kathy, Stephen, Dan and David